

DAY 1 – ENTER THE SUMMER EXPERIENCE

2.00pm **Start The Summer Experience Begins**

- Your journey starts here: step into the shoes of a top psychologist
- Keynote speech by the programme director: discover what the Summer Experience has in store and how to make the most of this unique experience
- Immersive group activities: develop crucial psychology skills for the Summer Experience ahead, including communication, teamwork and problem-solving.
- Interactive networking session: meet your fellow students – talented and ambitious students from around the world who can act as prove powerful contacts for your future career

6.00pm **Close**

DAY 2 – THE EDUCATIONAL PSYCHOLOGIST

10:00am **Start Cognition in the Classroom**

Experience one of the most fundamental areas of psychology which is dedicated to improving the development and well-being of young people.

- Discover the realities of working with vulnerable young people between the ages of six and twenty-four and receive insider tips from experienced professionals
- Take on a case of a child who is struggling at school and carry out your own assessment through a live observation
- Analyse the results and develop an intervention plan for the young person
- Under the guidance of top professionals participate in a simulated consultation with a teacher and child and develop the key communication skills needed to support the child's learning development

Afternoon **Understanding Adverse Childhood Experiences**

- Discover the importance of working with others in educational psychology: teachers, parents, social workers, healthcare workers and more
- Using your knowledge from the morning, consider the holistic factors which can affect a young person's development including environmental, biological, cognitive and behavioural factors
- Explore the impact of Adverse Childhood Experiences (ACES) and work together to identify the ACES in the earlier case study, whilst receiving live feedback from qualified experts

DAY 3 – THE CLINICAL PSYCHOLOGIST

10:00am **Start Enter the Psych Clinic: Patient Assessments**

Under the guidance of high-ranking clinical psychologists, you will participate in live, simulated patient consultations.

- Understand the key skills, strengths and techniques of a clinical psychologist and discover some of the most fascinating mental disorders
- Learn the fundamentals of patient interaction, including building trust, establishing rapport and active listening

- Become the psychologist: carry out an initial assessment with a variety of patients and seek to learn about their thoughts, feelings, behaviours and physical symptoms

Afternoon **Enter the Psych Clinic: Patient Treatment**

- Develop bespoke treatment plans for each patient based on a thorough analysis of their initial assessment
- Explore one of the most fundamental therapy techniques of our time: Cognitive Behavioural Therapy (CBT) and see how it works live with your patients
- Using CBT techniques, work with the patients on cognitive reframing, thought records, behavioural experiments and relaxation techniques
- Receive live, in-depth feedback from professionals on your consultation approach.

5:00pm **Close**

DAY 4 – THE SPORT PSYCHOLOGIST

10:00am **Start Match Day: Visit a Premier League Stadium**

Travel to a state-of-the-art London sports venue and be immersed in the world of elite sport psychology, a field which is critical to an athlete's mental well-being and performance.

- Tour a premier league stadium and walk in the footsteps of world-renowned athletes and sports psychologists
- Understand the key to match day preparation and routines and recognise the athlete's critical pitfalls
- Work with athletes to enhance their performance and well-being and organise a personalised feedback session with a troubled player
- Goal setting: develop psychological strategies to enhance players' concentration and resilience on and off the pitch

Afternoon **Career Coaching: How to Become a Successful Psychologist**

- Your path to success: understanding the key decisions ahead and how to maximise your chances of success
- Subject choices at A-level/IB/university and more
- Securing work experience, designing impactful CVs/resumes and powerful interview techniques
- Coaching from experienced psychologist on what you can do now to stand out in the future

5:00pm **Close**

DAY 5 – THE FORENSIC PSYCHOLOGIST

10:00am **StartThe Trial: Becoming the Expert Witness**

Work alongside forensic psychologists to assess the psychological state of a criminal in a simulated criminal case.

- Carry out psychometric assessments on the offender and observe both cognitive and behavioural factors that have led to the offence
- Receive coaching on how to provide an independent expert opinion in front of a jury from top psychology professionals
- Enter the courtroom! Take to the stand and testify as an expert witness

1:00pm **Close**